

# Hawaii Marine



Pfc. Casey J. Holmes

## ‘America’s Battalion’ Marine killed during ITX training

**Public Affairs**  
*Marine Corps Base Hawaii*

Pfc. Casey J. Holmes, 20, from Chico, Calif., died Monday during an Integrated Training Exercise at Marine Corps Air Ground Combat Center Twentynine Palms, Calif. Holmes enlisted in the Marine Corps in May 2012 and joined India Co., 3rd Battalion, 3rd Marine Regiment at Marine Corps Base Hawaii in October 2012. His personal decorations include the National Defense Service Medal and the Global War on Terrorism Service Medal. Holmes is a 2011 graduate of Chico High School. The Chico Enterprise Record quoted principal Jim Hanlon, who said the Holmes family is something of an institution in the school. Holmes was one of five siblings who enrolled at Chico High. The young man’s brother and sister, twins Jesse and Nina, are currently seniors at CHS. The ITX is conducted eight times a year and involves 5,000 Marines from all combat and logistic arms of the Corps. The month-long exercise prepares Marines for overseas deployment and culminates with a four-day mock war. Holmes died a week before the war games were to reach their height.



## Tuition Assistance

Financial aid suspended, education center offers solutions

**Cpl. James A. Sauter**  
*Marine Corps Base Hawaii*

Over the past two weeks, the Marine Corps, Army, Air Force and Coast Guard have announced they are suspending their tuition assistance programs for the remainder of Fiscal Year 2013 due to federal sequestration budget difficulties. Currently, the Navy is the only branch of service that hasn’t suspended tuition assistance. Despite the cancellation of tuition assistance, Marines still have options to pay for tuition with the help of the education center and without paying out of pocket. The center listed the following alternatives to help service members find money and credits toward their education:

- Free Application for Federal Student Aid
- Applying for scholarships
- Montgomery and Post 9/11 GI Bills
- College Level Examination Program and Dantes Subject Standardized Testing exams, which provide college credits
- College credits from military training recorded on joint service transcripts

“The first step we encourage everyone to take is applying for federal money with FAFSA,” said Craig Lockwood, the education center lead education specialist. “Every high school student who applies for a federal grant or loan has to use FAFSA to see if they’re eligible for federal money.”

If service members are interested in applying for federal grants or loans, they can visit <http://www.studentaid.ed.gov> and fill out a free application. Afterward, the service member will be notified by a student aid report as to how much federal loan and grant they qualify for. Service members need to provide their tax information from their W-2 and 1040 forms. The education center advises service members to seek grant money over student loans. The reason is grant money is free money and loans have to be paid back.

“In the last two years, the largest federal Pell Grant money sum was \$5,500,” Lockwood said. “If you’re a Marine paying \$250 per credit hour plus books, that could cover all expenses. That’s



Photo Illustration

**Tuition assistance has been suspended by all branches of service except the Navy. Marines still have options to pay for tuition with the help of the education center and without paying out of pocket.**

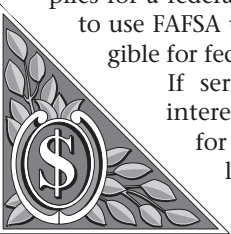
more than enough money to last to the end of the academic year.”

When a student submits a FAFSA application for federal money, that same application can be used to apply for scholarships. Lockwood said scholarship committees want to see how much money a student can get. He explained that they prefer to give money to poorer individuals than wealthier ones.

He also talked about service members utilizing their GI bills to pay for tuition but advised using the Montgomery GI Bill first while on active duty instead of the Post 9/11 GI Bill. If service members use the Montgomery GI Bill first, they

can still switch to their Post 9/11 GI Bill later when they leave the military. But if they use their Post 9/11 GI Bill first, they cannot switch back and the financial benefits won’t be replenished.

“If any service member needs any kind of lower-level education or basic classes, students need to CLEP those credits,” Lockwood said. “A lot of Marines can keep themselves busy with those exams from now until October when the new fiscal year starts. Hopefully by then, tuition assistance might be fixed.”



## 2/3 tests field radio operators during communication exercise

**Lance Cpl. Jacob D. Barber**  
*Marine Corps Base Hawaii*

Field radio operators and data network specialists with 2nd Battalion, 3rd Marine Regiment, tested their communication capabilities in different locations aboard Marine Corps Base Hawaii, Tuesday. The training included setting up satellite communications, retransmitting radio messages using different nets, and communicating with different stations around base. The Marines also placed a strong emphasis on teaching new Marines and practical applications. “Our main goal with this training is to be proficient,” said Sgt. Michael Linde, a field radio operator with 2nd Bn., 3rd Marines, and Pensacola, Fla., native. “This is how we stay on top of our game and effectively train our new guys. In a real situation where communication is needed, something

might go wrong and we might have to troubleshoot — because of that we really need to know the ins-and-outs of our job and be prepared for any situation.”

Solar panels were set up to keep equipment charged throughout the day while Marines set up high-frequency antennas and satellites in order to communicate with other stations through different terrain. “Where you are dictates a lot when it comes to communication — you have to factor in the terrain and different environments,” said Cpl. Brian Prins, a field radio operator with 2nd Bn., 3rd Marines, and native of Grand Rapids, Mich. “We want to be proficient with all of our gear and this is how we test it out and practice with it. More importantly though, we need to know how to adapt to certain situations and environments,



Lance Cpl. Jacob D. Barber | Hawaii Marine

**Cpl. Brian Prins, a field radio operator with 2nd Battalion, 3rd Marine Regiment, and native of Grand Rapids, Mich., utilizes a single channel ground and airborne radio system to communicate with his fellow Marines aboard MCB Hawaii, Tuesday.**

See COMM, A-8



**Unleash ‘The Beast’ Within**  
Running wild for 10K at MCB Hawaii, B-1



**Sailing through**  
Take a breezy break with Seabreeze activities, C-1

Saturday  
High 77°  
Low 68°

Sunday  
High 77°  
Low 66°



# NEWS BRIEFS

## Stop by the Career and Education Fair

Learn about college and employment opportunities at the upcoming fair scheduled today at Kahuna’s Sports Bar and Grill. Doors open to the public from 11 a.m. to 1 p.m., but open early from 9 to 11 a.m. for active duty members, reservists, retirees, National Guard, family members and DoD civilians. For more information, call 257-7787 or 257-7790.

## Early closure of Legal Services Center

The Legal Services Center, located in building 215, will close early March 29 at 11:30 a.m. For more information, call 257-6738.

## Base tax center open for tax season

The base tax center is open to all Marine Corps Base Hawaii service members, retirees and reservists. Hours of operation are from 8 a.m. to 4:30 p.m. Please bring all W-2s (including spouse’s), bank account and routing numbers, a copy of last year’s tax return, all other tax forms (1099s, etc.) and Social Security cards for all family members. The tax center is located at building 455 on the first deck. Building 455 is across the street from Forest City Hawaii and adjacent to the Youth Activities Center. For details, call 257-1187.

## Operation Ooh-Rah Kids

Operation Ooh-Rah Kids is scheduled for March 22 from 8 a.m. to 4:30 p.m. Open to children of Marine Corps Base Hawaii personnel, Operation Ooh-Rah Kids is a fun and interactive mock deployment exercise for children ages 7 to 13. The event provides an opportunity to learn coping skills to thrive during deployment. Activities will be held at various locations on base, and lunch and snacks will be provided. This event is limited to 150 children.

The success of this event relies on the support of volunteers. The program needs active duty volunteers from corpsmen to “drill instructors” to assist throughout the day. For more information, please call Claudia LaMantia at 275-2650/2410, or email claudia.lamantia@usmc.mil.

## Amendment to base order for water activities

As of December 2012, base order P1710.1 was revised. On page 1-7 of the base order, paragraph 6b(2) (b), the words “swim at own risk” were replaced with “enter the water at your own risk, surf and currents are moderate.” On page 1-7, in paragraph 6b(2)(c), the words “YELLOW: Water activities open, enter the water at your own risk, fins are required when swimming, due to high surf or strong currents,” have been added.

## Quick assist loans available from Navy-Marine Corps Relief Society

Beginning today, active duty sailors and Marines can apply for a quick assist loan for up to \$500 at all 51 Navy-Marine Corps Relief Society full service offices located on Navy and Marine Corps installations worldwide. Most QALs can be processed on a walk-in basis in about 15 minutes. Active duty Marines and sailors must apply in person. QALs are short-term, interest-free loans available to service members facing a family emergency or other urgent financial situation. QALs are available to active duty sailors and Marines who have no outstanding loans with NMCRS, and need help with basic living expenses or family emergencies. For more information, visit <http://www.nmcrs.org/QAL> or contact the nearest NMCRS office.

## Important phone numbers

On-Base Emergencies	911
Child Protective Service	832-5300
Fraud, Waste, Abuse & EEO	257-8852
Base Information	449-7110
MCB Hawaii Chaplain	257-3552
DEERS	257-2077

# Hawaii Marine

[www.mcbhawaii.marines.mil](http://www.mcbhawaii.marines.mil)

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Photojournalist	Christine Cabalo
Photojournalist	Kristen Wong
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Hawaii Marine, Box 63062, Building 216,  
MCB Hawaii, Kaneohe Bay, Hawaii 96863  
Email: [HawaiiMarineEditor@gmail.com](mailto:HawaiiMarineEditor@gmail.com)  
Fax: 257-2511, Phone: 257-8837

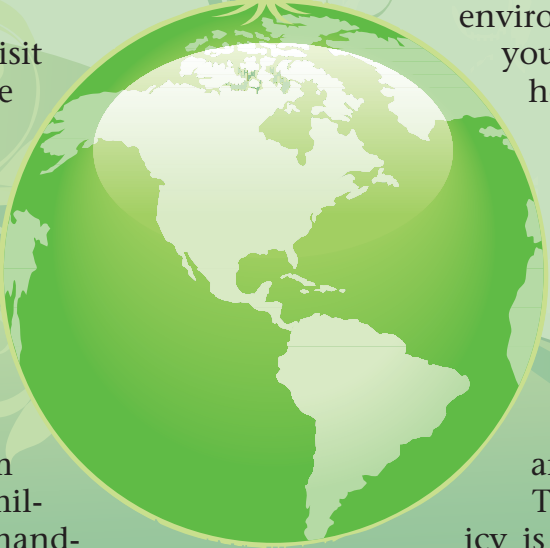
# ENVIRONMENTAL CORNER

## BE PREPARED TO BE TESTED

We’re often asked to do or know something — and sometimes we’re tested on it. This is one of those times — from March 26 to April 5, auditors from Marine Corps Installations Command are coming to conduct their external evaluation of MCB Hawaii’s compliance with environmental laws, regulations, and orders. Be prepared.

They plan to visit and interview base personnel, military and civilian, at various locations around our installations. We don’t know exactly where and who they’ll choose to interview. At minimum you should be familiar with our commanding officer’s environmental policy and how it applies to you.

Col. Brian P. Annichiarico asks us



to “continually improve our environmental performance” and “to meet our responsibility of good stewardship of our environment.” He commits us to pollution prevention and to “assess our activities to determine their impact on the environment.”

Take a moment in your daily activities. Think about how it impacts the environment and what you can do to sustain a healthy environment around you. Find ways to reduce the amount of hazardous material we use, the hazardous waste we generate, and the amount of electricity used at home and work.

The CO’s entire policy is available at <http://www.mcbhawaii.marines.mil/Departments/Installations,EnvironmentLogistics/Environmental.aspx>.



Christine Cabalo | Hawaii Marine

Lance Cpl. Melchor Puno, of Holly Springs, N.C., hands Cpl. Shatora Irby, of Greenville, S.C., a sample Common Access Card as they work at the newly staffed check-in desk at the Defense Enrollment Eligibility Reporting System ID Center. Both are verifying officers at the DEERS ID Center who can answer questions about making appointments and needed documents for IDs.

# DEERS launches check-in desk

## Christine Cabalo

Marine Corps Base Hawaii

Service members and civilians seeking out military identification cards can now check-in for help.

A new check-in desk managed by Marines opened up at the Defense Enrollment Eligibility Reporting System ID Card Center, March 8. Anyone renewing or applying for various types of military ID can get questions answered from a Marine standing by. The new check-in desk is one of several changes enacted at the center this year to reduce waiting, including switching to a full-time appointment schedule with limited walk-in hours.

“I think the customers notice it, especially if they haven’t been by since we revamped,” said Lance Cpl. Melchor Puno, a verifying officer with the DEERS ID Center and a native of Holly Springs, N.C. “We’re seeing fewer complaints, and more people are happy to be helped.”

Puno, who manages the afternoon shift at the desk, said the new system has sped up processing Common Access Cards and other military ID. He said before implementing the full appointment schedule and new check-in desk, the office could get chaotic with the high volume of walk-in customers.

Cpl. Shatora Irby, who is also

a verifying officer at the center, staffs the desk during morning appointments. She and Puno said they aim at having a good initial face-to-face conversation with the customers.

“When they first open the door, we’re there to greet them,” said Irby, a native of Greenville, S.C. “We want people to know we’re here for you, in a one-stop area. The first impression should be the best impression. We let them tell us what they need so we can fix the problem.”

Approximately 60 to 80 people come to the center each day to renew or apply for Common Access Cards and other military ID. Puno and Irby monitor the flow of appointments at the check-in desk using a CAC-enabled government computer.

The new check-in desk is an improvement over the old system and more proactive, said Cpl. Robert Johnson, electronic countermeasures technician, Marine Aviation Logistics Squadron 24. Johnson was among the first to use the check-in desk since its launch.

“Having a person near the door is pretty helpful,” he said. “He is right there to answer any questions you have and show you what you need to do.”

Using the appointment system and speaking with a fellow Marine at the check-in desk helped speed up the process for

Cpl. Priscilla Gomez, individual material readiness list manager, MALS-24. She gave her approval of having a Marine at the check-in desk to ensure customers have the right documents and guide them for additional help.

Gomez said the new check-in desk ensures people they are in the right place and staff can easily update them should the center have technical issues.

“There’s no question if people know that I’m here for an appointment,” she said. “There’s a shorter wait time for me.”

Puno and Irby said their office’s goal is to create a new ID card for each person in an average wait time of 20 minutes. Both said each case is unique and some technical problems may take more time to fix than others, but they attempt to help everyone who needs it.

“We have a good team of Marines and civilian workers,” Puno said. “With the new system, I think we can handle a large volume of customers efficiently.”

For more about the DEERS ID Center, call 257-2077 or see <http://www.mcbhawaii.marines.mil>. Select the Departments option and choose the Manpower, Personnel and Administration section to reach the DEERS/ID Card Center link.

Walk-ins are accepted from 7:15 to 9 a.m., and appointments run from 9 a.m. to 3 p.m.



# AROUND THE CORPS

## MCRC releases plan to strengthen female poolees, officer candidates



Cpl. David Flynn | Marine Corps Recruiting Command

Poolees from Recruiting Station Phoenix perform the pull-up portion of the initial strength test during the RS's annual pool function, March 2.

**Cpl. David Flynn**  
*Marine Corps Recruiting Command*

**QUANTICO, Va.** — Marine Corps Recruiting Command has delivered guidance to recruiters, officer selection officers and recruiting support personnel with an eye on improving the upper body strength of female poolees and officer candidates before the implementation of new Physical Fitness Test standards in 2014.

Starting on Jan. 1, 2014, female Marines, recruits and officer candidates will no longer perform a flexed arm-hang during their PFT. Instead, they will be required to perform dead-hang pull-ups as male Marines and applicants do now.

MCRC released guidance in February that provides a physical fitness program and reporting guidelines for recruiters to train and monitor the progress of their pool.

“We are looking forward to gathering data to see how effective upper-body-strength-development training is for females in our pool,” said Lt. Col. Jeffrey C. Smitherman, assistant chief of staff, G-3, Marine Corps Recruiting Command. “The sooner females in the pool start training, the sooner they can start to succeed.”

To give females a start in their upper-body-strength-development training, MCRC provided OSOs and recruiters the Female Poolee PFT Preparation Program, a three-day-a-week, six week training program.

“The canvassing recruiter plays the key role in all aspects of preparing the poolee for recruit training,” said Smitherman. “Recruiters play the role of mentor, leader and example of what a Marine should be for their pool.”

According to one recruiter who has started the program with her pool, the new training plan will go to great lengths in preparing female poolees for what is coming next.

“The Female Poolee PFT Preparation Program will set female poolees up for success,” said Staff Sgt. Geronima Cruz, canvassing recruiter, Recruiting Substation Duluth, Ga. “It will prepare them to meet and exceed the new physical fitness standards once they are in effect. By starting training now, we are being proactive versus reactive.”

While helping females prepare for the new PFT, upper-body-strength-development training will also aid them in completing recruit training or Officer Candidate School on schedule.

“Developing upper-body strength will give female recruits and officer candidates a boost in confidence and is critical to success during their initial training,” said Smitherman. “The stronger an individual is, whether they are improving their upper-body strength, core strength or stamina, the more resilient they become to injuries or other setbacks.”

Workouts in the Female Poolee PFT Prep Program are specifically designed to be completed with limited resources. Keeping in mind that not every poolee or officer candidate has regular access to gym facilities, recruiters and OSOs are being issued flex bands to assist females doing pull-ups.

Flex bands are large, elastic rubber bands that are attached to a pull-up bar and the person mounting it. The bands, which are color coded to indicate the level of resistance provided, allow poolees and officer candidates to progressively decrease the level of assistance they receive until they reach the point of doing unassisted, dead-hang pull-ups.

“The Marine Corps is migrating toward a more uniform physical fitness standard and that is a good thing,” said Capt. Mark E. Weingram, OSO, Recruiting Station Frederick, Md. “My female applicants have embraced the challenge and are excited to get started with the new program.”

Rising to the challenge and displaying the discipline and commitment to stick to the program will be essential for female applicants moving forward.

“Recruiter involvement, like mentorship and physical training, is important for a poolee’s future success,” said Cruz. “Poolees, however, need to put forth their best effort to get ready for the new physical fitness standards. If they put in the effort they will see the results.”

For more information about the Female Poolee PFT Preparation Program or to obtain a copy of the program, visit <https://fitness.usmc.mil/FPFT/Pages/Pool-ee%20Program.aspxb>.

## MAG-14 Marines learn combat lifesaving

**Cpl. Andrea Cleopatra Dickerson**  
*2nd Marine Aircraft Wing*

**MARINE CORPS AUXILIARY LANDING FIELD BOGUE, N.C.** — Seven Marines with Marine Aircraft Group 14 participated in a combat lifesaver course while conducting expeditionary operations at Marine Corps Auxiliary Landing Field Bogue last week.

The combat lifesaver course bridges the gap between first-aid training given at recruit training and the more in-depth medical training hospital corpsmen undergo, said Petty Officer 2nd Class Tenia Jackson,

the course instructor.

“The purpose of this course is to show Marines lifesaving steps to aid each other in combat in the event a corpsman is not able to assist fallen service members,” said Jackson.

During the course, the Marines learned vital techniques such as providing cardiopulmonary resuscitation, treating injuries like sucking chest wounds and applying tourniquets.

To enhance the effectiveness of the three to four-day training, several types of buddy drags are taught and executed. Students must also pass written and

practical application tests where they use the skills they learned during simulated combat situations.

After completing the course, the Marines are considered combat lifesavers and receive CPR certifications.

It is important for the Marines to complete the course because they never know when situations could arise when they might need to save a life, said Jackson.

“Not every job deploys, but it is always good to have the knowledge,” said Cpl. Stephanie Abelino, a warehouse clerk with MAG-14. “After finishing this course, I am confident that if I had to, I could save a life.”

## AAV crews focus on fundamentals

**Cpl. Mark Stroud**  
*III Marine Expeditionary Force*

**OKINAWA, Japan** — With the roar of an engine, the tracks churned through the sand, launching the amphibious assault vehicle and its crew of Marines into their natural habitat — the coastal surf.

“Today’s training is allowing the Marines to stay current in waterborne ops. That’s our bread and butter with AAVs and is where we excel — the water,” said 1st Lt. Ryan M. Rice, 4th platoon commander, AAV Company, Combat Assault Battalion, 3rd Marine Division, III Marine Expeditionary Force. “It is what separates the Marine Corps from other services.”

The Marines of fourth platoon engaged in water operations training March 5 through 6 at Camp Schwab, focusing on the basics of their skill set. The training included fundamentals of AAV operations, formations for movement, operations near submerged hazards such as shoals or reefs, and emergency procedures, such as fixing malfunctioning



Cpl. Mark W. Stroud | III Marine Expeditionary Force

**Marines maneuver amphibious assault vehicles through the water in formation March 5 at Camp Schwab.**

equipment afloat or rigging an AAV for towing. The Marines began training with basic formations and movements before moving onto more advanced skills.

“Today is the section level, basic stuff — we are getting our feet wet,” said Rice during the first day of training. “Tomorrow, we are going to conduct a higher level of training. We will be taking all of

the vehicles into the water at the same time and getting into formations instead of doing it section by section.”

The Marines used the training evolution to work on communication and teamwork between AAV crews.

“(Teamwork) is the most important thing. If you don’t have communication and unit cohesion, things are going to

fall apart very quickly,” said Lance Cpl. Kristopher M. Ax, an AAV crewman with the platoon. “If an (AAV) goes down, we are all going to need to know the immediate action for how to respond, and this is the kind of training that gets everyone on the same page.”

The Camp Lejeune-based platoon is currently assigned to CAB under the unit deployment program, and used the training to continue building on the foundation of teamwork it created during its time in the U.S., according to Sgt. Randy W. Griffith, an AAV crewman and section leader with the platoon.

“The more we do this, the more confident they get,” said Griffith. “We have that part down. So far, their confidence and teamwork has surpassed everything we could hope for.”

The experience the Marines gained operating in the choppy Pacific waters left them better prepared for future operations and training opportunities, whether those will occur in Japan, the U.S. or throughout the Asia-Pacific region, according to Griffith.



# One combat boot step at a time: Two Marines journey together in the Corps

**Lance Cpl. Suzanna Lapi**

*Marine Corps Base Hawaii*

With childlike wonder and anticipation shining in his light-brown eyes, 2-year-old Jaylen looks up at his mother, JaLisa, as she pours melted chocolate into a dinosaur mold. JaLisa pauses to look at her only child while they sit in miniature chairs around a tiny children’s table in their comfortable dining room.

Jaylen’s eyes should have been one pair in a set of three looking back at his mother around that table.

However, she miscarried twins while her husband, Sgt. Kendall Joseph, was on deployment in Afghanistan.

The Joseph family has fought hard for harmony with determination to succeed as Marines and husband and wife. Their struggles have brought them closer together, even when it seemed the odds wanted to tear them apart.

JaLisa, a sergeant herself, finished making her son’s dessert as he watched intently. Playful banter and ensuing laughter of family time echoed in the peace that being with loved ones brings.

The battle in their lives and their story began with an epic storm that brought them together.

When Hurricane Katrina hit New Orleans in 2005, Kendall Joseph relocated to JaLisa’s hometown of Dallas. They met in high school when they were both 15 years old.

JaLisa said most people assume they met after enlisting in the Marine Corps, like most Marine couples do.

“It was love at first sight for her,” Kendall said teasingly. “She was like, ‘Wow!’ when she saw me.”

The Josephs said they view Katrina as a blessing in disguise, since they otherwise would not have met if Kendall didn’t relocate.

Their plan to spend their lives together developed as their friendship and bond grew. JaLisa said she would often consider enlisting, but Kendall hadn’t until she mentioned it. When she finally talked about it to Kendall, his response was, “Yeah, let’s do that.”

“I always thought of the military,” JaLisa said. “But my brother was in the Army at the time, and I knew I didn’t want to follow in his footsteps. So I spoke to a Marine recruiter, and Kendall was all for it as well.”

After being together approximately eight months before enlisting, Kendall would be the first to leave for boot camp before JaLisa.

“He had to leave before Christmas in 2007,” JaLisa said. “I tried to get the same date as him, but I couldn’t. I left in January. We had a going-away party for the both of us with our family and friends.”

After boot camp, they attended



Lance Cpl. Suzanna Lapi | Hawaii Marine

**A photo of Sgt. Kendall Joseph and Sgt. JaLisa Joseph sits within a snow globe on their kitchen countertop as they cook dinner together in their house on Marine Corps Base Hawaii, Monday. The Joseph family has fought hard for harmony with determination to succeed as Marines and husband and wife.**

combat training separately, and weren’t reunited until military occupational specialty training as food service specialists in Fort Lee, Va., in May 2008.

“This is strange, but we never talked about our military occupational specialty,” JaLisa said. “We just so happened to get the same one, and it’s a job we both love. It’s weird, but we are lucky.”

When it came time to get their orders to their first duty station, Kendall was told he would be going to Yuma, Ariz., and JaLisa originally had orders to Camp Pendleton, Calif.

“I wasn’t thrilled about the thought of driving all the time to visit each other when I first heard my orders,” JaLisa said. “But then, most of my class had our orders changed. A lot of orders changed from West Coast to East Coast. This is crazy, but I ended up with orders to Yuma, and I was so excited. I wanted to surprise Kendall by just showing up in Yuma, but I couldn’t keep it to myself.”

Kendall said he didn’t believe her when he first heard the news.

“I still think that she asked someone to change it for her,” he said.

JaLisa’s playful response was, “Who is going to listen to a private first class?”

Kendall was again sent first, arriving in Yuma in July 2008. After a month apart, JaLisa joined him. While

working separate shifts at the Yuma mess hall, Kendall learned of his first deployment.

“I was told I would deploy to Afghanistan in March of 2009,” Kendall said. “We wanted to get married that April, but realized because of my pending deployment, it would have to happen sooner.”

Kendall was deployed to Camp Leatherneck in Helmand Province, Afghanistan, right after they married. While he was away, JaLisa attended the Culinary Institute of America in New York after winning the Chef of the Quarter competition.

JaLisa said while she was in New York alone, she miscarried her twins.

“That lost was devastating,” JaLisa said. “I couldn’t contact Kendall. My mom ended up staying with me the rest of my time there. At first, it felt unreal, but everything happens for a reason. When I got back to Yuma, I kept myself busy with the empty house we got right before he left. I would go to my friend’s house and help her take care of her son, and work on our house. It was completely finished by the time he returned.”

After Kendall’s homecoming, the couple decided to re-enlist with the hopes of being stationed in Hawaii, and she became pregnant with their son Jaylen.

“It’s difficult to get stationed places

together being the same rank in the same field,” JaLisa said. “And it will get more difficult as we pick up rank.”

After some difficulty with re-enlisting, they finally got orders to Marine Corps Base Hawaii in 2011.

As they continue their path together in life, they struggle with typical domestic worries like taking care of their child and the nontypical worries they face as Marines.

“I know everybody works in the world,” JaLisa said. “But when Kendall went on ship while I was doing Corporals Course, I had to be at physical training at 5:30 in the morning and day care doesn’t open until 6. I don’t want just anyone to look after my son, but thankfully I had a friend that I could trust to look after him. I would have to wake up extra early and get us both ready. Most people here have family or a stay-at-home mom. We have each other, but when he’s gone I feel like a single parent.”

Through supporting each other and having a plan to stay in the Marine Corps, the Josephs are focused on their ambitions and a combined “40 years” as Marines. While speaking of their future, their playful attitude is readily apparent as they smile and laugh together.

“I’m just looking forward to see what Kendall looks like as an old man,” JaLisa said with a laugh.

## TIP trips: Save on gasoline, money with federal program

**Christine Cabalo**

*Marine Corps Base Hawaii*

Save money during the daily commute with help from the Transportation Incentive Program.

The federal program subsidizes expenses for mass transit and car pools to make it affordable for workers commuting to Navy and Marine Corps installations worldwide. Hawaii TIP users receive vouchers for using TheBus or Vanpool Hawaii. All Navy and Marine Corps service members may enroll for TIP as well as federal Department of the Navy employees, non-appropriated fund employees and part-time federal employees and interns and eligible reservists.

“This is a great program that could save an average participant traveling from Ewa Beach or Mililani to MCB Hawaii more than \$3,000 a year in fuel and vehicle maintenance,” said Rob Garrett, an accounting officer with the Comptroller Department and the MCB Hawaii TIP point of contact.

Vanpool users receive a voucher to cover carpooling costs and those who ride TheBus are eligible for monthly bus passes. The program is an incentive for commuters to reduce traffic as a bonus benefit, so no one can retroactively claim vouchers. Commuters to Camp H.M. Smith and other Navy installations may apply as well.

Benefits from TIP made Master Sgt. Robert Oehler, S-2 chief, 3rd Marine Regiment, a dedicated user of program since he learned about it in 2006. Oehler first commuted with TIP while stationed at Camp Pendleton, Calif. and has applied for it wherever he



Christine Cabalo | Hawaii Marine

**TheBus travels along Marine Corps Base Hawaii after stopping along Harris and Selden streets, Wednesday. Vouchers for TheBus passes and to use Vanpool Hawaii are available through the Transportation Incentive Program.**

has served.

“In these times, when gas is \$4.25 and climbing, more people knowing about this program is needed,” Oehler said. “There also needs to be more advertisement about who people need to see for signing up.”

Anyone interested in TIP should contact Garrett and fill out an application. Applications are processed within 24 hours, and applicants may be approved by the next month, receiving benefits until they leave the program.

Garrett said when choosing between using TheBus or Vanpool Hawaii, applicants should consider what bus routes are in their area, if they wish to form their own van pool with several riders or whether there is

an existing van pool they can join.

“All Vanpool Hawaii riders give their vouchers to the driver,” he said. “The driver has the funds loaded on a card to utilize for fuel and maintenance. Bus riders use their voucher to purchase a bus pass from retailers.”

Oehler said he continues to use the program because it’s great for the environment and his pocketbook. He encourages MCB Hawaii and Camp H.M. Smith leaders to make their personnel aware of the program.

While applying for the program in Hawaii, Oehler said his advice for those interested is to be patient and flexible with their schedules because the benefits are worth it.

“We keep complaining about

the price of gas, but we need to do something about it,” he said. “There’s a possibility of saving \$300 a month for some and the money can go a long way to someone’s future or for their recreation.”

The application deadline to receive May benefits is Monday, but applications are continually accepted and processed for users.

Anyone interested in the program at MCB Hawaii can contact Garrett at 257-7735.

Commuters to Camp H.M. Smith can contact Master Sgt. Ivan Harris at 477-8538.

For more information about the program, see [http://www.fmo.navy.mil/Divisions/FMO3/transportation\\_incentive\\_program.html](http://www.fmo.navy.mil/Divisions/FMO3/transportation_incentive_program.html).





**Crime Prevention Tip of the Month**

**Operation Over Watch is back! The operation is an effort to minimize larcenies targeting vehicles, homes and personal property in the residential areas throughout the base. Personal or government property should never be left unsecured and unattended. When you are finished using your items, remember to put them away. Operation I.D. offers personnel residing in housing or in the barracks the opportunity to check out electronic engravers. The engraver can be used to engrave any personal property deemed valuable to the owner. Burglars want to resell your property, so marked property is easier to identify and harder to sell.**

**PMO contact numbers and locations**

- To report suspicious activity/behavior or for non-emergency calls, contact the desk sergeant:  
**257-1018/2123 (building 1096)**
- For information regarding check in/out, fingerprinting, or weapon registration, contact:  
**257-6994 (building 1095)**
- For information regarding pet registration, fishing regulations, or lost/found animals, contact the PMO Game Warden:  
**257-1821 (building 3099)**
- For information regarding vehicle decals, base passes, and vehicle registration, contact:  
**257-2047/0183 (building 1637/1095 for MCB Hawaii)**  
**477-8734/8735 (building 601 for Camp H.M. Smith)**
- For information regarding traffic regulations, citations, or traffic court, contact the Traffic Court bailiff:  
**257-6991/6992 (building 1095)**
- For all other numbers not listed, contact base information:  
**449-7110**
- For more information, visit the PMO website:  
**<http://www.mcbhawaii.marines.mil/Departments/ProvostMarshalsOffice.aspx>**

**Topic of the Month**

There is a new program for base residents called Eagle Eyes, which is a web-based system designed to allow the community to report suspicious activities or behaviors. Eagle Eyes is a community-driven program and requires proactive engagement. Effective immediately, you may browse <http://www.usmceagleeyes.org> to submit tips, leads, incidents and suspicious activities. In addition to allowing you to enter detailed descriptions into the system, the capability exists to upload or attach any digital photography. In the first quarter of fiscal year 2013, the Provost Marshal’s Office received 31 anonymous tips involving crimes against property. The program has the potential to assist in solving more crimes with the community’s help, and its ultimate goal is to help create a safe environment for the community. Eagle Eyes is not designed to report emergencies. To report an emergency, call 911. Every report is an important piece of the puzzle and will be reviewed by trained personnel. Law enforcement and mission assurance personnel on base encourage good faith reporting and reserve the right to contact you to verify or clarify the information you provided. For more information, please contact the Crime Prevention Office at 257-8312, the Force Protection/Mission Assurance Department at 257-8460/56/57 and refer to MARADMIN 641/11.

**IN CASE OF EMERGENCY, DIAL 911!**



# Combat engineers prepare for Bridgeport

**Lance Cpl. Jacob D. Barber**  
*Marine Corps Base Hawaii*

**MARINE CORPS TRAINING AREA BELLOWS, HAWAII** — Combat engineers from engineers service platoon, Combat Logistics Battalion 3, completed a training cycle at Marine Corps Training Area Bellows, Wednesday, to better prepare themselves for the first combat engineer training package at the Marine Corps Mountain Warfare Training Center in Bridgeport, Calif. The unit will arrive at Bridgeport in April where it will provide mobility and counter mobility support to 2nd Battalion, 3rd Marine Regiment, which will undergo its own training package.

“We’re out here this week to train our Marines on the basics of offensive and defensive positions, military operations on urban terrain, as well as providing a quick refreshment on skills before we leave to Bridgeport,” said Sgt. Austin Tittle, a combat engineer with CLB-3 and a Los Angeles native. “Some of the Marines here haven’t been in a field environment for a while ... some not at all. We want to make sure everyone is ready because we will be doing something pretty historic at Bridgeport and want to set the bar high for future engineers who will train there.”

The job of a combat engineer varies from constructing bridges and walkways, to setting up demolition and clearing paths for mobilized convoys. All are vital support tools for ground combat units such as 2nd Bn., 3rd Marines but not all aspects of the job can be practiced regularly — such as clearing a path with demolition.

Sgt. Coby Bendig, a combat engineer with CLB-3 and native of Fremont, Neb., said he was proud of what his unit was able to do at Bellows and he believed many Marines were able to become more familiar with different aspects of their job.

“They’ve worked hard the last couple of days by executing patrols, sweeps, and MOUT and I think they’re ready for what’s in store at Bridgeport. It’s really going to be the first time where we will be able to execute training made for combat engineers like igniting demolition in the snow and breaching ice with explosives. If weather permits, it’ll be a great training cycle with awesome opportunities and experiences.”

When asked how the training at Bellows will help his Marines in their upcoming training evolution, Cpl. Michael Franco, combat engineer with CLB-3 and native of Manteca, Calif., said,“This is the time to ask questions. We have a lot of experience here as well as a lot of new Marines who only know what they were taught at military occupational school. By coming out here for a couple of days we can brush up our skills ... even though we’re not out here building bridges doesn’t mean we aren’t training and preparing ourselves for bigger things at Bridgeport.”



Lance Cpl. Jacob D. Barber | Marine Corps Base Hawaii

Lance Cpl. Chad Weller, combat engineer with Combat Logistics Battalion 3, sweeps for mock explosives while on a security patrol cycle at Marine Corps Training Area Bellows, Tuesday. The training was to prepare the Marines for the first combat engineer training package at the Marine Corps Mountain Warfare Training Center in Bridgeport, Calif. The unit will arrive at Bridgeport in April where it will provide mobility and counter mobility support to 2nd Battalion, 3rd Marine Regiment, which will undergo its own training package.



# Fire up speaking skills with Toastmasters on Camp Smith

**Cpl. Isis M. Ramirez**

*U.S. Marine Corps Forces, Pacific*

**CAMP H.M. SMITH, Hawaii** — Heat slowly starts to spread across his face, causing him to blush. He curls his fingers and realizes his palms are cold and sweaty as he begins to pace back and forth, trying to recall the words that were there just a few seconds before.

Public speaking is listed as one of the most common phobias.

After more than a year of trying to get off the ground, Toastmasters at Camp H.M. Smith held their first official meeting here Feb. 28.

With approximately 280,000 members worldwide, this educational, nonprofit organization isn’t a self-obsessed speech club. It aims to improve its members’ leadership and communication skills.

“Everyone comes in at different levels,” said Richard A. Hernandez, the district manager for Toastmasters clubs

in Hawaii who works as the director of readiness section, operations division, U.S. Marine Corps Forces, Pacific. “Some people are deathly afraid or they only have one style and they want to be, maybe, more animated.

“(Toastmasters gives them) a good foundation on speaking in front of people, whether it’s five people or 50 people.”

Hernandez said the 17 years he’s spent in the club has helped him stay competent and competitive in his field.

“This is my career,” said Hernandez. “This is my livelihood. The (operations section) expects me to know my business and convey it in front of the commanding general when I need to.”

Hernandez attributes the competitive jobs he’s held to his refined communication skills and stresses the importance of interview skills for Marines transitioning out of the Corps. Upon his retirement, the success of a surprise on-

camera interview made the difference between being hired and being one of the 297 applicants to go home.

While job interviews might not be an immediate concern for career Marines, for Gunnery Sgt. Robert Spencer, Global Command and Control System chief at MarForPac, being in the club is about maintaining confident communication abilities.

“Ever since I came off recruiting duty, I’ve always wanted to make sure that I continue to hone my skills in terms of being able to relate to people and being able to convey myself,” Spencer said. “It opens or closes so many doors in your life. So, if you practice this like you practice with your M16 (rifle) or you practice gas chamber or anything else — if you practice that as a skill — it is going to have a positive outcome on your life.”

Currently, the group has 10 members and meets twice a month on Thursdays where two to three members are selected

to give a speech on a given topic in the Competent Communication Manual. The club is structured so that members can learn different speaking techniques through workbook objectives and then follow with peer critiquing.

Once the initial workbook is complete, the members can progress to the Advanced Communication Series, 15 manuals of career-oriented speech projects. These allow the member to refine skills to the area where results are most needed.

“The club doesn’t exist for itself,” Hernandez said. “It’s for members to improve communication skills because they want to do something else. So you don’t come to the club because you want to speak. That is where you learn. The impact is outside the club.”

The Toastmasters club has a membership cost of \$6 per month. For club inquiries, contact Richard Hernandez at 477-8536.



COMM, from A-1

with mountains surrounding us, this is a great place to start.”

When asked what he learned throughout the training day, Pfc. Eli DeograciaTorres, field radio operator with 2nd Bn., 3rd Marines, and native of College Park, Md., said, “I’m definitely a hands-on learner — visuals don’t really work for me. So being out here and going through different classes, I’m able to go over some things that weren’t really covered in detail at my military occupational school.”

Though the training was basic, many Marines like DeograciaTorres took full advantage of the opportunity to get hands on and learn more about their job of installing, connecting, and operating equipment that the Marine Corps relies on every day.

“I heard a quote once from a Marine that said, ‘Amateurs practice until they can get it right, but professionals practice until they can’t get it wrong,’” Prins said. “I feel like that quote goes perfectly with this training. Though it’s simple, and sometimes repetitive, it goes a long way in helping us excel as specialists in our job and as Marines in general.”



Lance Cpl. Jacob D. Barber | Hawaii Marine

Cpl. Brian Prins, a field radio operator with 2nd Battalion, 3rd Marine Regiment, and native of Grand Rapids, Mich., sets up communications through a single channel ground and airborne radio system aboard MCB Hawaii, Tuesday.



Petty Officer 3rd Class Narda Duque | Helicopter Anti-Submarine Squadron Light 37

# CELEBRATING MAINTENANCE EXCELLENCE

The “Easyriders” of Helicopter Anti-Submarine Squadron Light 37 celebrated an outstanding achievement of naval aviation, receiving the 2012 Sikorsky Helicopter Golden Wrench Award, Feb. 25. This award is presented annually to one squadron in each Navy Air Wing that exhibits the highest standards of maintenance excellence of Sikorsky Naval helicopters and recognizes the hard work and dedication of the squadron personnel who support them. “I am very proud of our sailors and recognition as the 2012 Golden Wrench Award winner is a high honor and marks HSL-37’s Maintenance Department as one of the very best in all of naval aviation,” said Cmdr. Gregory S. Thoroman, HSL-37’s commanding officer. “It wasn’t won by an individual but by a team pulling together in a common goal marked by consistent mission completion.”



# Sports & Health



Photos by Lance Cpl. Nathan Knapke | Hawaii Marine

A group of 10 Marines from 3rd Marine Regiment run to the finish line during “The Beast” 10-kilometer race, Saturday. The top three finishers in each division received award plaques while raffle winners got gift cards and other prizes.

## Runners slay ‘The Beast’ 10K



Petty Officer 2nd Class Kyle Wiewiorski, an electrician mate with the Pearl Harbor Naval Shipyard and Intermediate Maintenance Facility at Joint Base Pearl Harbor-Hickam and native of Kailua, Hawaii, treks by the Nuupia Ponds on a dirt path during “The Beast” 10-kilometer race, Saturday.

**Lance Cpl. Nathan Knapke**  
*Marine Corps Base Hawaii*

The rays of the morning sun lit the way for runners tackling “The Beast” 10-kilometer race at Dewey Square, Saturday.

The 10th annual race, which is part of the 2013 Commanding Officer’s Fitness Series, was open to all military personnel, family members and the public.

The race started with participants warming up at Dewey Square. Runners received their race numbers and ankle bands, embedded with timing chips so an electronic timer could record their times.

When all competitors were ready, 310 runners took their positions at the starting line and waited for an air horn to blow, signifying the race had begun.

The run started at Dewey Square and took competitors toward the front gate where they moved onto the trail around the Nuupia Ponds. The trail ended on Mokapu Road and the runners followed it to Radar Road on the Kansas Tower Hill. Runners ended the race at Dewey Square.

The competition allowed people to run in groups of 10. There were four groups, including Marines from 3rd Marine Regiment.

“The Beast’ run was 6.4 miles of

motivation,” said Lance Cpl. Nick Mitchell, administrative specialist with 3rd Marine Regiment and a native of Dallas. “It doesn’t matter how fast we go as long as we stay together, everyone we passed was just more motivation to keep going.”

Though runners had their own reasons for participating in the race, many enjoyed the chance to be competitive, perform athletically, or spend time with family and friends while working up a sweat.

“The hill up Radar Road was a beast — I guess that’s why they call it the Beast 10-kilometer run,” said Petty Officer 2nd Class Kyle Wiewiorski, an electrician mate with the Pearl Harbor Naval Shipyard and Intermediate Maintenance Facility at Joint Base Pearl Harbor-Hickam and native of Kailua, Hawaii. “I plan on coming back and will definitely recommend this race to other people.”

Marines and sailors from several units within 3rd Marines volunteered to make the race a success. Navy corpsmen with 3rd Marines were present to ensure the safety of all participants. Forty other Marines with 3rd Marines volunteered to assist with the race, serve as road guards, staff water

stations and direct runners to stay on the right path.

“We were proud to support ‘The Beast’ 10-kilometer race,” said Master Sgt. Brandon Kealoha, operations chief for Headquarters Company, 3rd Marines and a native of Hilo, Hawaii. “It took a lot of manpower and time to set up for the run, but 3rd Marine Regiment was happy to help make it a success.”

Awards and prizes were given out to participants for completing the race. The top three finishers in each division received award plaques while raffle winners got gift cards and other prizes.

Chris Bachl was the first male to finish the race with a time of 34:27 minutes. He had a mile pace of 5:33 minute. Karen Miller was the first female to cross the finish line with a time of 40:52 minutes. She kept a 6:35 minute per-mile time throughout the race. The fastest group to finish the race was 10 Marines from 3rd Marines, finishing in a time of one hour and one minute. They kept a 9:30 minute mile throughout the race.

The next Commanding Officer’s Fitness Series race is the Single Marine and Sailor Program Surf and Turf 5K.

For more information about upcoming races, call 254-7590.



Participants take off from the starting line, kicking off “The Beast,” Saturday. The race, which was part of the 2013 Commanding Officer’s Fitness Series, was open to all military personnel, family members and the public, giving members of the community an opportunity to compete in an organized running competition on base.





Versus is a recurring column tackling debatable issues in the sports and entertainment world. Hawaii Marine readers can submit a subject for future columns by emailing their ideas to [HawaiiMarineEditor@gmail.com](mailto:HawaiiMarineEditor@gmail.com).

If there’s a topic you would like to discuss/defend or if you think we missed the mark, let us know and you could see your “opinion,” regardless of how wrong it is, featured below. Suit up ladies ... it’s game time.

# Waiting for Rose to play or not play

Cpl. James A. Sauter **VS.** Lance Cpl. Jacob D. Barber

**BARBER:** Last year I watched the best team in the NBA crumble after losing their star point guard to a torn ACL. I remember the game so vividly... how the loud cheers in the final minutes turned to gasps and shock in the closing seconds. It was the night Chicago fell silent and since then the Bulls have fought tooth and nail to secure a playoff spot without their star, Derrick Rose. After nearly a year of rehabilitation, Rose was given the green light from doctors to play, but should he? He has told media he doesn’t want to play until he is confident in his left leg. Should he sit out the rest of the season and play it safe, or come back as the floor general right before playoffs?

**SAUTER:** Hang on, before you go on about how he should come back just at the right moment to compete in the playoffs, consider what happened to him and his injury. A torn ACL is serious and needs substantial time to heal and recover. Even if the doctors cleared him medically, Rose needs to take into account that he hasn’t played in a while and you said that he wants to start when he’s confident on

his left foot. Rose is taking the safe route where he has time to heal and get back on his feet. Basketball skills are like a muscle. You have to work them out constantly to stay proficient, otherwise he’ll come back to the Bulls sluggish and worse, hurt himself again.

**BARBER:** I understand what you’re saying but he has been in recovery for nearly a year now. He hasn’t rushed in his rehabilitation and has even participated in several scrimmages with his teammates. The Chicago Bulls are tired and beat up. I say this as a devoted fan — they need Rose. You can easily see with their record the effects of not playing with Rose. They started off the season great, but as it comes closer to playoff time, the Bulls are wearing down and losing the majority of their games. Rose needs to understand that his team needs him now. Next year will come fast enough, but as the Miami Heat dominate the Eastern Conference this year, the only hope of a successful Bulls playoff run is to have Rose back in the lineup.

**SAUTER:** The Bulls shouldn’t be getting

their hopes up that all of their problems and losses will be magically solved if Rose comes back. I think it’s unwise to expect so much from someone who comes back after getting hurt. It’s almost a fact that athletes are not of the same physical caliber after getting hurt. Professional athletes get paid to play and if they don’t play, then they’re a liability to the franchise. If Rose came back tomorrow, I guarantee he’ll be sluggish and not up to speed. One year of resting may heal the wound, but his skills as a player have rusted from lack of play, and a few playoff games won’t help it.

**BARBER:** No stat can prove the toughness of a player. Michael Jordan sat out nearly a season when he broke his foot and came back just in time for playoffs. Jordan broke the record for most points scored in a playoff game in his second game back but more importantly gave his team a shot at beating one of the best basketball teams ever, the 1986 Boston Celtics. There is a massive list of athletes who have torn a ligament in their knee and returned to do incredible things. I have no worries that Rose can still play.



SAUTER



BARBER

You make it seem like he hasn’t touched a basketball in a year. The Bulls need him in the lineup, maybe not as a starter, but he can definitely provide some points from the bench. The only way the Bulls can beat the top competitors is with Rose. I love Luol Deng, Joakim Noah, Carlos Boozer and the rest of this team, but it was built around Rose and without him the machine doesn’t run smoothly.

**SAUTER:** Rose is not Jordan. Every time we write a Versus about basketball, it always comes back to Michael Jordan, Kobe Bryant and LeBron James. Just because other players made a miraculous comeback, doesn’t mean Rose will. There’s no way that can be predicted. Rose will come back when he feels ready to shoot on his left foot. If he’s still worried about it, he should sit the rest of the season out to guarantee that next year he’d be on his A-game. He has nothing to lose by playing safe. You pick the battles you know you can win. If Rose thinks he can perform in the playoffs, he will, but he’s making the right decision and realizing he doesn’t need to rush his return.



# Warriors maul Golden Swordsmen, 16-1, in 4th inning



Cpl. James A. Sauter | Hawaii Marine

Andrew Little, Marine Aviation Logistics Squadron 24 center outfield and head pitcher, bunts the ball during an intramural baseball game at Riseley Field, Tuesday.

**Cpl. James A. Sauter**  
*Marine Corps Base Hawaii*

No mercy was given to the Patrol Squadron 47 Golden Swordsmen from the Marine Aviation Logistics Squadron 24 Warriors when they defeated VP-47, 16-1, after four innings during an intramural league baseball game at Riseley Field, Tuesday.

Both teams had promising reputations for being well-rounded in batting and fielding. VP-47 batted first as a courtesy to the visiting team, but MALS-24 made it clear from the start it was not going to let VP-47 gain the upper hand.

Tim Horne, MALS-24 pitcher, threw fastballs, which struck out one batter and ousted two more trying to take first base. The top of the first inning finished quickly, but MALS-24 and its outfield hitting dominated the bottom of the first.

Within the first few minutes, MALS-24 made enough hits to load the bases. Andrew Little, MALS-24 cen-

ter outfield and head coach, had a close call when he bunted a ball that rolled toward the first base line. Little barely scraped by the pitcher who tried to toss it to his first baseman but ran out of time.

“The team is playing really well overall, but we need to watch those careless hits,” Little said. “Despite what the score says, VP-47 is a worthy team to play against.”

By the end of the first inning, MALS-24 drove in six runs. VP-47 was determined to catch up but couldn’t make contact with Horne’s pitches. VP-47 realized its chances of winning the game were coming up short when it couldn’t put people on base. After a few batters, three outs were gained and MALS-24 went to bat again.

In effort to salvage its defense, VP-47 changed out pitchers and put in T.J. Stecker, who gained a quick out. MALS-24 countered once again with outfield hitting and loading the bases. The score eventually climbed in MALS-24’s favor to 13-0 at the end of the second inning.

“We definitely need to concentrate on our hitting in this next inning,” Stecker said. “It would be monumen-

tally helpful to us if we had a batting cage here on base, but at this point we’re only playing for fun and don’t care who wins.”

According to intramural league rules, if a team has a 15-point lead over the other team by the end of the fourth inning, the game will automatically end. VP-47 failed to achieve any runs in the top of the third but MALS-24 achieved its remaining two.

With the score 15-0 at the top of the fourth, VP-47’s only hope to stay alive was to achieve one run. With a stroke of luck and a good hit, VP-47 achieved its wish but didn’t make anymore. MALS-24 went to bat again and made another run, ending the game 16-1 at the end of the fourth inning.

“This was a great game,” said Devan Ruble, MALS-24 left outfield. “We were strong and we hustled a lot, but we have some work to get done and skills to improve before the playoffs. Right now we relax a little when we have a far lead, but the playoffs will be different and we need to stay ready.”



# CLB-3 squeezes out 49-43 win over HMH-463

**Lance Cpl. Jacob D. Barber**  
*Marine Corps Base Hawaii*

As the regular intramural basketball season comes to an end, players from Combat Logistics Battalion 3 and Marine Heavy Helicopter Squadron 463 faced off in a grueling game at the Semper Fit Center gym, Wednesday. Both teams played hard, but CLB-3 snatched the victory with a score of 49-43, and secured a third-place spot going into playoffs.

Collin Foster, coach for CLB-3, said he didn’t have that many expectations going into the game. With his team currently in third place, his focus was to win.

“We were just excited to come out and play these guys,” Foster said during a post-game interview. “There are a lot of competitors on both of these teams and we knew it was going to be a great game. We wanted to just come out, play tough, have fun, and win.”

At opening tipoff, CLB-3 quickly took command of the game with a three- pointer by guard Jordan Bournes. After a failed possession from HMH-463, Bournes once again shot from the perimeter, making his team’s first two shots and shooting perfect from the three-point line.

HMH-463 quickly retaliated by driving the ball to the basket for easy buckets, however, the dominant shooting of CLB-3 denied HMH-463’s ability of taking over the lead before halftime.

“It was extremely close for the majority of the game,” said Cenquae Clark, HMH-463 guard. “We would go on scoring runs, get cold, and then they would get hot. It was really back and forth all game, but we really struggled in our decision-making. That’s what hurt us the most.”

As the first half came to an end, HMH-463 was already near double digits in turnovers. However, they dominated in the rebound category and were able to tie the game at 29-29 as the halftime buzzer sounded.

“Penetration and rebounding was one thing they seemed to do better than us all game,” Bournes said. “We had the offensive play, the communication, but



Lance Cpl. Jacob D. Barber | Hawaii Marine

**Collin Foster, guard and coach for CLB-3, shoots the ball against a defender during an intramural basketball game against Marine Heavy Helicopter Squadron 463 at Semper Fit Center gym, Wednesday. Both teams played hard, but CLB-3 was able to snatch the victory with a score of 49-43, and secure a third-place spot going into playoffs.**

we struggled to get possessions because we were constantly being beaten down low in rebounding.”

As the second half started, both teams once again came out aggressive. Rough play in the paint resulted in many fouls. However, CLB-3 quickly took advantage of their opponents’ bad passing and converted them into turnovers. Pegasus scored a few unanswered points, and

earned the lead once again.

The game continued to go back and forth as the minutes began to dwindle. With only eight minutes left, the game was tied, 35-35, and at the two-minute warning, both teams still struggled to gain the advantage with the score, 43-43.

However, through some last-minute foul shots CLB-3 secured its lead at the game’s end — keeping its third place

spot and ending the regular season with a hard-fought victory.

“The game was close, very close,” Foster said. “All the guys were just out there having fun and playing hard ... because of that this game was entertaining to watch. We’re really looking forward to playoffs next week and hopefully start the tournament with a win.”



# STRIKE TEAM: MCB HAWAII PLAYERS SELECTED FOR 2013 HAWAII ALL-MILITARY BOWLING TOURNAMENT

Marine Corps Base Hawaii has chosen 13 players for its Marine Corps team to play in the 2013 Hawaii All-Military bowling tournament in April. The team will compete at several Oahu military bowling alleys for the tournament. Team members are (from left to right, front row to back row): Staff Sgt. Blake Fracassi, Terri Rehrig, Jill Chenoweth, Irene Kukino, Rebecca Gaglio; Kathleen More, Sgt. Ken Clark, Chief Warrant Officer 4 Christopher Muni, Lance Cpl. Justus Boring, Sgt. Shawn Hazi, Gunnery Sgt. Brad Rehrig, Master Gunnery Sgt. Mark Gleason and Lance Cpl. Jorge Garry.



Christine Cabalo | Hawaii Marine

## SPOTLIGHT ON SPORTS

### Single Marine & Sailor Program’s Surf and Turf 5K

Come out for the Surf and Turf 5K, April 6 at 6:30 a.m. The run takes you from the Officers’ Club through the Kaneohe Klipper Golf Course and along North Beach. This event is open to the public. Visit <http://www.mccshawaii.com>.

### Swing into the Klipper Junior Golf Program

All authorized patrons ages 6 through 17 are eligible for the Klipper Junior Golf Program, a year-round program to bring children and teens to the game of golf. Certified PGA professionals will teach basic playing skills, rules and golf etiquette. Each session is five weeks long. Classes are held Wednesdays and Saturdays from 4 to 5 p.m. for the younger beginning golfers and 5 to 6 p.m. for the more experienced golfers. Juniors can bring their own clubs or the staff can provide them. Collared shirts are mandatory. Tennis shoes or golf shoes are acceptable dress. For more information, visit <http://www.golfacademyhawaii.com> or call 386-3500.

### 21st annual Haleiwa Metric Century Ride

The 21st annual Haleiwa Metric Century Ride is scheduled for April 28 at 7:30 a.m. For more information call 735-5766 or visit <http://www.hbl.org>. Forms are also available at the Semper Fit Center.

### Amendment to base order for water activities

As of December 2012, base order P1710.1 was revised. On page 1-7 of the base order, paragraph 6b(2) (b), the words “swim at own risk” were replaced with “enter the water at your own risk, surf and currents are moderate.” On page 1-7, in paragraph 6b(2)(c), the words “YELLOW: Water activities open, enter the water at your own risk, fins are required when swimming, due to high surf or strong currents,” have been added.

### Give up using tobacco with cessation classes

Free tobacco cessation classes are held every Tuesday from 10 a.m. to noon. The classes are conducted by a registered nurse and take place on the second deck of the branch medical clinic. There are four classes in a session, and each monthly session begins on the first Tuesday of the month. The classes are open to active duty, retired military and their dependents. For more information, call the Health Promotion Office at 254-7636.

### Youth sailing classes now offered

Sailing and water sports classes for ages 8 and older are offered monthly. After-school sailing classes are for beginners, and are on Monday and Wednesday from 3:15 to 5:15 p.m. Students will learn beginner to intermediate skill building. The racing class is Tuesday and Thursday from 1 to 3 p.m. Students will learn the intermediate to advanced racing theory and tactics and

train for racing in Hawaii Youth Sailing Association regattas. For more information, call 254-7666.

### Sign up for Runway Run 5K

The Runway Run 5K is scheduled for Thursday, July 4, at 6:30 a.m. at Hangar 104. This event is open to the general public. Online registration will close July 1 at 4:30pm. Visit <http://www.mccshawaii.com> for additional information.

### Push your limits in Sprint Triathlon

The Sprint Triathlon is scheduled for Sunday, May 5, at the Hangar 101 pad. Start your morning with a brisk 500 meter swim in Kaneohe Bay, followed by an 11.1-mile bike ride around the flightline, finishing with a scenic 5K that ends on the Bravo Taxi Way at Hangar 101. This race is open to the general public. Online registration closes May 1 at 4:30 p.m. Visit <http://www.mccshawaii.com> for additional information.

### Get a kick out of Taekwondo Classes for Adults

Taekwondo classes are offered at Semper Fit Center and taught by Andrell Durden, a second degree black belt. Students will learn sparring, form and more. Classes are Mondays and Wednesdays from 8 to 9 p.m. and Saturday from 11:30 to 12:30 p.m. at Semper Fit. The monthly fee includes an annual ATA registration membership. Call Semper Fit at 254-7597 for more information about the classes.



# Marines uphold Wednesday rugby tradition

**Kristen Wong**

*Marine Corps Base Hawaii*

Early on a cool morning, in a field full of dew, Marines dressed in green shirts and shorts and reflective belts line up for a battle they know and love — rugby.

The rugby ball, like a giant, leathery white egg, flies through the air and lands in a Marine’s arms. As he deliberates where its next destination will be, an opposing player frantically waves her arms, counting “One, one thousand, two, one thousand, three, one thousand.” In a mad scramble down the field, a player stops at the end zone, and lightly taps the tip of the ball to the grass. GOAL.

This is a familiar scene for the Marines of the Legal Services Center, who play rugby every Wednesday at Riseley Field for physical training.

On average, 14 to 18 players participate, and during tax season, there could be anywhere from 28 to 36 players at a time. Tax season brings more recruits because the Legal Services Center is in charge of the base tax center, and tax center volunteers from various units join the games. Depending on the number of players, multiple games are played simultaneously.

Wednesday rugby has been a tradition for the Marines since 2009, when then-legal Services Chief Master Gunnery Sgt. Stephen Lotempio, an avid rugby player, coordinated the first weekly games.

Master Sgt. William Pennington, the current legal services chief, said when Lotempio left, he strongly encouraged the Legal Marines to continue the tradition, and they haven’t stopped to this day. Even if Wednesday brings unfavorable weather or scheduling conditions, he said the Marines make up the game on another day.

“Rain, shine or sprinklers, we keep playing,” Pennington said.

Several Legal Services Center Marines are veterans of Wednesday rugby, like Sgt. Levi Hemphill, a clerk of court with the Hawaii Judicial Circuit at the Legal Services Center, who has played with the office for almost three years. The 27-year-old enjoys playing sports and also played rugby while stationed at Marine Corps Base Quantico.



Kristen Wong | Hawaii Marine

**Staff Sgt. Emanuel A. Hudson, administrative law chief, Legal Services Center takes possession of the ball during a rugby game at Riseley Field, Wednesday. The Marines of Legal Services Center have continued a tradition of playing rugby every Wednesday morning since 2009. Each Wednesday, anywhere from 14 to 18 people participate, but the number grows during tax season.**

“It’s a sprinting workout,” said Hemphill, a native of Tiller, Ore. “You’re constantly sprinting up and down the field, whether on offense or defense.”

On other days, Hemphill trains with the unit, and alternates between the gym and running on his own, but he enjoys rugby the most. Since the Marines began playing at Riseley Field, Hemphill said the bright lights that illuminate the field give him a rush and make it more thrilling to play.

“It breaks up the monotony of running five miles a day,” Hemphill said. “I hate running, but I will run for an hour and a half straight playing rugby.”

Aside from the physical benefits of rugby, Hemphill said the game helps build camaraderie and also gives leaders a chance to see the personalities of newcomers.

Legal Services Center has invited other offices in Headquarters Battalion to play rugby, and at one time included individuals from other branches. The Marines at the Legal Services Center have

also held inter-building competitions. The senior Marine of the group who lost the rugby game would have to display “the ugly trophy” in their office until the next game.

Hemphill described “the ugly trophy” as a “decrepit, wretched-looking device,” complete with a hula girl dashboard ornament sitting atop an old trophy. Over time, however, “the ugly trophy” would become a symbol of triumph rather than shame, and the senior Marine of the winning team would proudly display it in his or her office.

But the game is not devoid of battle scars. On the day of the unit’s Marine Corps birthday ball one year, Lance Cpl. C.J. Tewell, a defense clerk with the Legal Services Center, collided with another Marine, injuring his ankle. The Marine he collided with received a black eye and required staples in his head; he was upset because the staples prevented him from putting gel in his hair for the birthday ball.

Tewell, a native of Pasadena, Md., has

played with the office for more than two years. He said he enjoys the competitive nature of the game. Tewell said rugby’s physical benefits include increasing agility and endurance. He added that people of various skill levels play, and that it’s easy to learn the game.

“Rugby’s a nice break (from regular PT),” said Capt. Jesse Schweig, the complex trial litigator with the Legal Services Center.

Schweig, of Mahomet, Ill., said rugby engages the majority of your muscles through the jumps and throws, and like basketball involves a lot of starting, stopping and sprinting.

“It’s not mandatory, but it’s so much fun,” Schweig said. “Everybody wants to play. If each unit would put together their own rugby team, we could have a pretty good time together.”

The center regularly plays rugby on Wednesdays at 6 a.m. at Riseley Field. Those interested in playing rugby with the Legal Services Center can call Pennington at 257-7801. Be sure to wear a reflective belt.



# Warming up before working out does a body good

**Story and photos by  
Lance Cpl. Nathan Knapke**

*Marine Corps Base Hawaii*

Marines work out to become stronger, increase competitiveness for promotions and other personal reasons. Marines work hard day in and day out, but what happens if you get hurt? How would that affect your career? What if there was something that could have been done to prevent the injury?

There are steps to help reduce the chance of injuring the body.

Basic nutrition, proper stretching, proper warm-up and correct running shoes will help prevent injury and contribute to the overall health of a person.

The Semper Fitness Center and nutritionists at the Tripler Army Medical Center offer classes and information to teach anyone about proper injury prevention techniques.

The website <http://www.choosemyplate.gov> provides interactive information on dietary guidelines for Americans. The website enables users to use MyPlate, MyPyramid, Food Guide Pyramid to improve ones diet from the convenience of their home or phone.

One can reduce the potential for skeletal muscle and connective tissue injuries by elevating the body temperature through warming up. Cold muscle and tendons that haven't been properly warmed up have been shown to be more prone to injury.

"Taking time to warm up is very important," said Beckie Page, assistant manager and personal trainer at the Semper Fitness Center. "Think of your muscles like uncooked pasta. If you try to stretch or bend the pasta before it's

warmed up, it will break. In this way, pasta can be related to your muscles. If you don't warm them up, you could damage them. If you stick uncooked pasta in warm water, it will become flexible like your muscles do when you're warmed up."

Warming up can lower the levels of density in the muscle. Lower density muscles have increased mechanical efficiency and power.

Static stretching is used to stretch muscles while the body is at rest. It is composed of various techniques that gradually lengthen a muscle, beneficial for warming up muscles.

Once the muscle is warmed up, one can use ballistic stretching in a bouncing motion. Hold for 10 to 30 seconds. Used the correct way, these stretches can help reduce the chance of tearing or injuring muscles or tendons.

"Gaining strength in one muscle group while risking other muscles is dangerous," Page said. "Pulling a bar down behind your neck during the lat pull down can have negative effects on your neck. That exercise doesn't fulfill any everyday function. Don't force your body to do any movement that it wouldn't do every day."

Running shoes have a larger impact on the body than one may think. Many shoe stores have a machine to produce a gait analysis. A gait analysis measures how the foot moves and impacts the ground. This helps someone determine what shoe has the correct fit for them.

"Wearing the correct type of shoe is more important than the color or how it looks," Page said. "Not only is



**Sandy Facundo (right), boot camp instructor and personal trainer at the Semper Fitness Center, instructs students on the proper way to warm their muscles up before working them out.**

your foot affected by what shoe is worn but also your knees and ligaments in the legs."

If you don't warm up, you can cramp up and/or damage your body. Although warming up is important, cooling down after a workout is just as healthy for muscle recovery. Lactic acid builds up in the muscle if one does not stretch and cool down after an intense exercise.

"Everyone needs to seriously remember to take the proper steps to prevent injury to themselves," Page said.



**One of several attendees of the boot camp stretches before a workout. A body that is not properly warmed up before a workout can strain or injure muscles.**



# VOLUNTEER OPPORTUNITIES, ON AND OFF BASE EVENTS

## Koko Head Complex hosts 14th annual Easter Eggstravaganza

Honolulu’s Department of Parks and Recreation and the Koko Head Complex are sponsoring “Easter Eggstravaganza,” an event for the entire family, featuring activities, games, and an Easter egg hunt at Koko Head District Park, March 23, starting at 9 a.m. The park is located at 423 Kaumakani St. in Hawaii Kai. At 10 a.m., an egg hunt will be held for ages 12 and under. All participants receive a goodie bag. For more information, contact Arlene Ling, parks director, at Kamilo Iki Community Park, 395-5314, or Donna White, Koko Head Complex supervisor, at 395-3407.

## Help the hungry, needy at IHS

The Institute for Human Services seeks volunteers for opportunities ranging from providing, preparing and serving meals for the needy to daily shelter cleaning, painting, landscaping in garden areas or sorting donations. Volunteer groups should contact IHS to schedule a volunteer date by emailing [volunteer@ihs-hawaii.org](mailto:volunteer@ihs-hawaii.org) or by calling 447-2842.

## 2013 MCBH Career and Education Fair

The annual Career and Education Fair will be held today from 9 a.m. to 1 p.m. at the Kahuna’s Enlisted Club. The event is free and open to the public. Job seekers are encouraged to come prepared with multiple copies of their resume. Due to the professional nature of this event, children are not permitted. Call Marine and Family Programs at 257-7787/7790 with questions.

## Join Hanauma Bay Education Program

Consider volunteering at Hanauma Bay if you have an interest in sharing information with park visitors. All volunteers must attend volunteer training, commit to a period of six months, and be at least 16 years of age. Younger volunteers may be considered if they volunteer as a team with an adult. Applications are available online or by mail. For more information, visit <http://hbep.seagrant.soest.hawaii.edu/>.

## Mokapu PTA Community Rummage Sale and Vendor Bazaar

Mokapu PTA is hosting a community rummage sale and vendor bazaar at Mokapu Elementary School, Saturday, from 8 a.m. to 1 p.m. There will be vendors, crafters, small businesses, and rummage sale tables ready for you to shop. Email [ptamokapu@gmail.com](mailto:ptamokapu@gmail.com).

## Monthly Recycling for HI 5 Cent Redemption

HI 5 cent redemption service will be changed to once a month. The first Friday of every month starting in March will be the only day the recycling contractor RRR will be on base across from the MCX Annex from 11 a.m. to 4 p.m. For more information, call Jim Sibert at 257-4300 or 216-4368.

## Volunteer to learn the lay of the land

Help keep Native Hawaiian traditions and culture alive by caring for taro patches in Heeia. Volunteers can plant, harvest and dig for taro in the outdoors. Other duties also include removing invasive pest plants, clearing nearby streams and additional farm duties. For details, visit <http://www.kakooiwi.org>.

## Volunteer at Marine Thrift Store Kaneohe Bay

The thrift store is on the lookout for volunteers to help sort donations and work at the store. Call ahead at 636-9074.

## Keiki Aloha Expo

Join Marine and Family Programs for the Keiki Aloha Expo, April 12 at the Klipper Fairways Ballroom from 3 to 6 p.m. Mini workshops include infant sign language, benefits of breastfeeding and more. Call 257-8803 for more information.

## Juvenile Diabetes Research Foundation’s Hawaii Chapter seeks volunteers

Dedicated and active volunteers are the backbone of the Juvenile Diabetes Research Foundation, founded in 1970 to improve the lives of every person affected by type 1 diabetes by accelerating progress on the most promising opportunities for curing, better treating and preventing T1D. JDRF collaborates with a wide spectrum of partners and is the only organization with the scientific resources, regulatory influence, and a working plan to better treat, prevent, and eventually cure T1D. There are many ways you can make a difference, including helping out at the main office, working at an event or serving on a committee. Email [Hawaii@jdrf.org](mailto:Hawaii@jdrf.org) for more information.

## Volunteer for the Hawaiian Humane Society

The society needs volunteers to work with animals and keep the shelter going. Volunteers can do a variety of tasks: Dog walking, foster care, grooming and assisting with pet adoption. For details, visit <http://www.hawaiianhumane.org> or call 356-2216.

## Pouhala Marsh Wetland Restoration volunteers needed

Help the Hawaii Nature Center preserve the Pouhala Marsh in Waipahu. The area is a wildlife sanctuary and site of historical fish pond. For more information, contact the volunteer program manager at 955-0100 ext. 118.

# MARINE MAKEPONO

Means ‘Marine Bargains’ in Hawaiian

**Boat for sale.** Selling Seaswirl Striper boat and trailer. Features a 20-gallon fuel tank with a 90 horsepower Yamaha 2-stroke outboard motor. Includes safety equipment and Garmin GPS with fish finder. \$14,000 or best offer. Call Wesley at 772-2647.

**Kaneohe studio apartment for rent.** Available April 1. Large deck with ocean view of Chinaman’s Hat and Marine Corps Base Hawaii. Includes custom bathroom with hot tub/shower, covered parking, refrigerator and sink with disposal. No

smoking or barbecuing. \$1,300. For more information, call 239-5459.

*If you would like to sell, buy or trade something in the Marine Makepono section of the Hawaii Marine, fill out a form at the Marine Corps Base Hawaii Public Affairs Office in building 216, room 19. Please have your military ID and a short write-up of what you’d like to run. You can fill out the form on the spot or return it to the office later. Emails, faxes and telephone calls are not accepted for Makepono classified ads. Marine Makepono may only be used by active duty, reserve, retirees or their immediate families.*



# Hawaii Marine Lifestyles

## SAIL, SURF, SPLASH WITH SEABREEZE: Oahu's source for water sport adventure

Story and photos by  
**Lance Cpl. Suzanna Lapi**

Marine Corps Base Hawaii

**HONOLULU** — Tucked away in the Hawaii Kai Shopping Center in Honolulu is a little shop crammed with Hawaiian water adventures. It is the gateway to see Hawaii from a different view, soaring high above the water or diving in for an out-of-the-ordinary perspective.

The crystal-blue water of Maunalua Bay with a backdrop of beautiful mountains offers more than scenic serenity when SeaBreeze Water Sports is added to the mix. After a relaxing boat ride to the bay, the fun begins with your choice of activities. Adventure lovers may enjoy spotting wildlife like sea turtles, reef fish and coral. With the horizon stretched out before you, it seems the sky is the limit, and that is exactly where you can go.

While most places offer a limited amount of activities, SeaBreeze accommodates most aquatic thrill seekers and families. They offer parasailing, jet skiing, banana boat and bumper tube rides, scuba diving, snorkeling, outrigger canoe paddling

and surf lessons.

Ruby House, vacationing in Hawaii with her husband and friends, said they came to the island for a week to have fun in the sun and try something new.

"We rented a house on the North Shore and decided to come out here and try parasailing, which is something I've never done," said House, a native of Salem, Ore. "It was kind of scary when we went up a little higher, but it was great. The water from that view is incredible, it was like seeing Hawaii from a different perspective. It's beautiful."

For those seeking more extreme adventures, a jet pack ride may be the intense thrill. Through the guidance of certified instructors and controlled water pressure, flying 30 feet above the scenic water is as simple as strapping on a harness.

With the twist of a throttle, you can soar for a special view of the surrounding bay.

Mayumi Moylan, a customer service representative for SeaBreeze, said the company has been in business for 26 years and is set apart by its unique location and activities it offers.

"We have everything here in one location," Moylan said. "The benefit to our customers is they can stay in the bay and spend family fun time together seven days a week."

Ashley Reynoso, vacationing with House, said she came to Hawaii with her husband before they were married and wanted to return with friends.

"We thought it would be great to return after getting married and show our friends around and have fun," Reynoso said. "I definitely would suggest any vacationers or

people living here to come out and experience Maunalua Bay like this and plan for a day of adventure. I saw sea turtles diving and surfacing while I was parasailing, and I wouldn't have been able to really see that from the shore. The water is so incredible and clear, which I didn't realize until we were up there."

House said all of the SeaBreeze employees were nice and accommodating, even when they arrived a few minutes late. House suggested booking trips early, since the later time slots fill up quickly.

Moylan said Seabreeze is the best place to enjoy the crystal-blue Hawaiian water that surrounds the island.

"The whole family can enjoy what we have to offer," Moylan said. "With banana boat rides for the kids and more extreme fun for mom and dad, we have it all."



Vacationers pose for a photo taken by a SeaBreeze employee before going on a bumper tube ride on Maunalua Bay in Honolulu, Monday.



Vacationers rev it up on a SeaBreeze jet ski for a high-powered tour around Maunalua Bay in Honolulu.



A family gets a bumper tube ride from a SeaBreeze employee at Maunalua Bay in Honolulu. Seabreeze also offers outrigger canoe paddling, scuba diving, snorkeling, and surf lessons.



PASS

IN

REVIEW

Your weekly guide to the best aspects of entertainment

Welcome to the Pass In Review, your No. 1 source for cinema, music, video game, book and product reviews. The Pass In Review crew consists of more than 10 critics, each with their own idea of what makes a movie, album, game, product or book great. So be sure to take advantage of the Better Know A Critic section, which spotlights this week’s critics to better help you choose the critic with opinions most like your own. Using our breakthrough four-point scale system, you can quickly decipher what is worth your time and what isn’t, or read the full review for an in-depth analysis and explanation of the rating. The rating system uses ammunition and range terminology, so if you’re not familiar, here’s a quick breakdown of the ratings ...

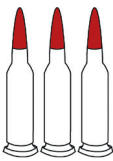
**1/4 — No Impact, No Idea**  
Horrendous. Among the worst of the worst in its genre. Dedicating time to this is not only wasteful, but unforgivable. Avoid at all costs.

**2/4 — High And To The Right**  
Mediocrity at its best. Lacks a few things that might have made it really good. A decent time waster, partake only if there’s nothing better to do.

**3/4 — On Target**  
Praiseworthy. A great endeavor, not quite an instant classic but still very entertaining. This is a sound investment of your time.

**4/4 — Confirmed Kill**  
Genius. In the top 10 percent of its genre. This is the stuff legends are made of. Missing out on it would be a disservice to yourself.

So, there you have it and we hope you enjoy our weekly reviews. Don't forget, the Hawaii Marine accepts submissions from its readers so if you consider yourself a film buff, music aficionado, gaming geek or bookworm, feel free to submit your own reviews.



Better Know A Critic



WONG

**Kristen Wong** admits she sometimes has to be dragged to movies that she later finds to be outstanding. She loves movies that make her care about the characters and sympathize with their plight. She enjoys action, fantasy, comedy and dabbles in horror.



SAUTER

**Cpl. James A. Sauter** believes that a good movie begins with a good story. The story needs to be well balanced between the chemistry and variety of characters with an original plot or setting that keeps the reader or audience up on its toes.

‘Oz the Great and Powerful’ dazzles, awes

Kristen Wong

Marine Corps Base Hawaii

Come one, come all! Witness the amazing feats of director Sam Raimi’s “Oz the Great and Powerful”! You’ll laugh, you’ll cry, even roll an eye, at this engaging prequel to the 1939 classic “The Wizard of Oz.”

Oscar “Oz” Diggs (James Franco) is a traveling circus magician who dreams of success, fame and riches. While performing in Kansas in 1905, this selfish, womanizing liar is booed off the stage by the audience after he declines a family’s misguided plea to heal a young, disabled girl.

Back in his dressing room, Oz’s love interest, Annie, comes to visit. She has delayed answering a proposal from another man, to give Oz a chance. However, Oz refuses to settle down, because that would mean being a “good man.” As if life isn’t already bad enough, an angry circus strongman goes after Oz for flirting with his wife, and there’s a tornado headed straight for the fairgrounds.

Oz jumps into a hot-air balloon, narrowly escaping his pursuers, but is swept into the tornado. While being tossed mercilessly in a storm of flying debris, Oz pleads to his maker for a second chance at life. Apparently his prayers are answered, because the balloon escapes the tornado and flies him to his second chance — the Land of Oz.

The people of Oz are being tormented by a wicked witch, and they believe Oz is the wizard of prophecy they’ve been waiting for. Oz embarks on an adventure that may just make him the “great man” he hopes to be.

The movie echoes its predecessor, featuring a black and white Kansas, followed by a colorful Land of Oz. Like the original movie, characters from the “real world” appear as characters in the Land of Oz, like Glinda, the Good Witch of the South (Michelle Williams), who resembles Annie.

The audience joins Oz for the thrill ride of a lifetime, through treacherous debris, gales of wind and a plunge down a waterfall. I gaped at the giant, vibrant colorful flowers blooming around him as he floats along the river in Oz. It reminded me of why I come to the movies — to let go of reality and bask in a fantasy world. The movie also throws you for a loop when you realize things aren’t

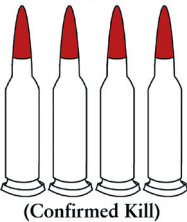


always as they seem, which fits in well with the movie’s themes of illusion and magic. Other actors were offered the role of Oz, but Franco was perfect for it, with a not-so-innocent smile and a hilarious portrayal of a self-centered jerk. The actress (you’ll find out) who plays the Wicked Witch of the West even pays homage to the original witch, including the iconic cackling and use of the phrase “my pretty.”

I am, however, skeptical that witches Evonora (Rachel Weisz) and Theodora (Mila Kunis) can’t tell the difference between a real wizard and a common magician. It was entertaining watching powerful witches flee from simple, turn-of-the-20th century special effects. It also bothers me that Glinda seems to become the “Annie” whom Oz couldn’t have in Kansas. It’s a simple happy ending, but my real-world adult brain hopes they are together because of Glinda’s own charms, not because she resembles Oz’s ex-girlfriend. If you’re not sure what I mean, go watch Alfred Hitchcock’s “Vertigo” and see if that’s not complicated.

I recommend following this yellow-brick road with your children to one of this year’s most entertaining movies.

4/4



(Confirmed Kill)

Majestic piece of history brought to light in ‘Emperor’

Cpl. James A. Sauter

Marine Corps Base Hawaii

“Emperor” is a film that tells an emotionally powerful love story torn by the calamity of war and the incredible effort of honorable men to restore the dignity of a sovereign and his people.

Based on a true story, the PG-13 movie begins with a monologue by Army Brig. Gen. Bonner Fellers, a member of Gen. Douglas MacArthur’s staff during his time as supreme allied commander and military governor of post-war Japan. Fellers was appointed by MacArthur specifically to investigate the Emperor of Japan for war crimes and whether or not he authorized the Pearl Harbor attack.

Under pressure from politicians who want to hang the emperor as retribution for starting the war, MacArthur grants Fellers 10 days to either find the emperor guilty or innocent. Simultaneously, Fellers begins a manhunt for the men closest to the emperor and secretly

searches for his Japanese sweetheart amongst the ruin of a devastated nation.

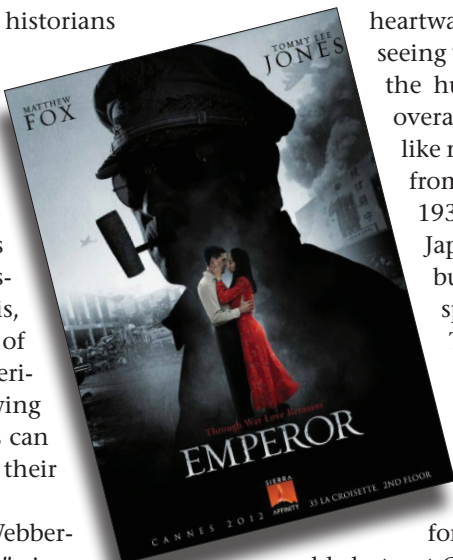
Without a doubt, World War II is the most extensively documented war in history. Every year, historians and journalists are scrambling to record the stories of a generation before they pass away and with them the memories of a chapter in history. By doing this, personal accounts of people who experienced the most awing historical moments can be passed down to their descendants.

The Peter Webber-directed “Emperor” is a prime example of such a story. The next generation needs to see this film because its main theme centers itself around the love of culture and

how war impacts people personally on an unimaginable scale.

When I thought every angle of the war was explored, I had a heartwarming feeling after seeing “Emperor.” It captured the human element of the overall big picture. Fellers, like many service members from California during the 1930s, had a girlfriend of Japanese background but cultural differences split the relationship. They still loved each other, but devotion to country and duty inevitably ended it in heartbreak.

The acting performances were believable but not Oscar material. Despite Matthew Fox cast as Fellers in the lead role, Tommy Lee Jones as MacArthur clearly outshone everyone in this film with his bigger than life persona, as an

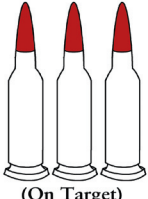


actor and character. This actually fits the historical context and the myth of MacArthur as a hero, but distracts from both plots.

The film lacks a sense of closure when the emperor was found not guilty on the basis that no credible evidence was found to convict him. It made me feel like the effort to investigate was really in vein. I noticed the two plots between the emperor investigation and search for Feller’s lover competed for the audience’s attention and didn’t compliment each other for most of the film.

The result was a mellow but emotional climax with MacArthur meeting the emperor and taking the iconic photograph now seen in history books. I highly recommend “Emperor” for its appeal to the soul and what devotion to others and principles meant to a generation of people.

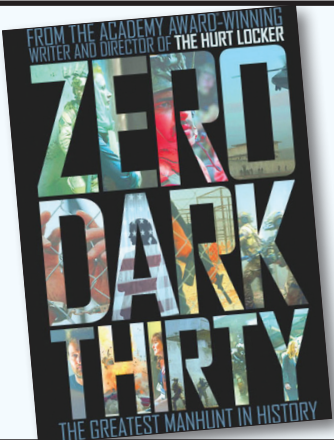
3/4



(On Target)



**Prices:** All shows are \$3.25 for adults and \$2.25 for children. For ticket pricing, the Base Theater Box Office defines an adult as a patron 12 and older and defines a child as a patron from 6 to 11. Children 5 and younger are admitted free of charge. Parents must purchase tickets for R-rated movies in person at the box office for children 16 and younger. Patrons must present their military identification card when purchasing tickets. Call 254-7642 for recorded information.



“Texas Chainsaw” R Today | 7:15 p.m.

“Zero Dark Thirty” R Today | 9:45 p.m.

“Gangster Squad” R Saturday | 7:15 p.m.

“A Haunted House” R Saturday | 9:45 p.m.

“Les Miserables” PG-13 Sunday | 2 p.m.

“Zero Dark Thirty” R Sunday | 6:30 p.m.

“Identity Thief” R Wednesday | 6:30 p.m.



# How do Marines and sailors spell relief? NMCRS

**Lance Cpl. Nathan Knapke**

*Marine Corps Base Hawaii*

Operating at 250 offices aboard Navy and Marine Corps bases throughout the world, the Navy-Marine Corps Relief Society has helped sailors and Marines since 1904.

The NMCRS is a private nonprofit charitable organization managed by a board of directors whose members are active duty, retired members of the Marine Corps and Navy, or spouses of active duty and retired members of the naval services.

The goal of the NMCRS, headquartered in Arlington Va., is to help Marines and sailors with financial, educational and other needs. The society also assists eligible family members and survivors when in need. It will receive and manage funds to administer programs for service members and their families' benefit.

Interest-free loans, grants, scholarships and interest-free loans for education are provided through the society to eligible recipients.

Other nonfinancial-based assistance programs through the society include financial counseling, Budget for Baby workshops, thrift shops and visiting nurse services.

The NMCRS uses all available resources to help personnel of the naval services.

The society is completely funded by charitable donations. Without the donations from service members, the society wouldn't be able to do its job.

"The Navy-Marine Corps Relief Society needs the help of every service member," said Sgt. Randy Moon, Finance noncommissioned officer in charge for Headquarters Battalion. "I have been involved since I was a private first class. and strongly believe in the program. The society always comes through for Marines and sailors. They



Lance Cpl. Nathan Knapke | Hawaii Marine

**Petty Officer 2nd Class Marc Coudriet, a corpsman with 2nd Battalion, 3rd Marine Regiment, and native of Jacksonville, N.C., walks into the Navy-Marine Corps Relief Society building to look for volunteer opportunities.**

have helped many people I know."

More than 3,600 NMCRS volunteers serve more than 4 million sailors, Marines and their families. Volunteers with the society deliver relief to millions in all corners of the Navy and the Marine Corps.

There are ways to get involved other than giving money. Volunteers can serve in financial education, client services, caseworker help, public speaking, management, administration, publicity, and more.

There are also retail management and associate opportunities within the thrift shops.

Marine Online provides a process to donate. Through MOL, Marines can set up an allotment to be donated every month. A donation of an amount as little as \$10 a month helps more than one may think.

Payments by cash, check or credit card are all accepted. Any donations are appreciated and are used for service members' benefit.

The society is tax-exempt by the Internal Revenue Service. Contributions to the society are tax-deductible.

"Join the society's volunteer team and contribute to your military community and encourage others to make a difference," Moon said. "It's important to donate because anyone you know may need the Navy-Marine Corps Relief Society's help."

For more information on the Navy-Marine Corps Relief Society, call 257-1973 or visit [www.nmcrs.org](http://www.nmcrs.org)



# VOLUNTEER OPPORTUNITIES WITH NMCRS K-BAY

The Navy-Marine Corps Relief Society is a nonprofit organization run by volunteers that aids and supports Marines, sailors and their families. We offer financial counseling, Budget for Baby workshops, education tuition scholarships/assistance and interest-free loans and grants. As a predominately volunteer-run organization we are constantly looking for individuals who would be interested in helping with our various programs.



- Build your resume
- Develop new skill sets with free training
- Child care and mileage reimbursement available to all volunteers
- Broad range of volunteer opportunities available

NMCRS offers a variety of ways you can contribute as a volunteer. Do you have a background in finance? Or maybe you're interested in learning more about financial counseling and helping others out of debt? If so, we would love to have you as a caseworker.

Perhaps you're more interested in helping new and expecting parents prepare for a new baby? You would make a perfect instructor for our Budget for Baby class.

Do you enjoy public speaking and meeting new people? We would love to have you aboard as part of our Publicity and Marketing team and an ambassador for NMCRS. No matter where your interests lie, if you have the time and want to give back to Marines, sailors and their families, we have a place for you at NMCRS K-Bay. Call 257-1972 or email [lauren.giblin@nmcrcs.org](mailto:lauren.giblin@nmcrcs.org), for more information.



# Need a new ID? Before you go, read below!

Currently walk-ins are accepted from 7:15 to 9 a.m. on operational days.  
Otherwise, you must make an appointment online at <https://rapids-appointments.dmdc.osd.mil/>.

- Appointments are available at 20-minute intervals from 9 a.m. through 3 p.m. weekdays.
- Appointments are subject to closures due to holidays, manpower shortages and technical issues.
- Only one appointment is necessary per family.
- A list of required documents is available at the website above.

**Directions? DEERS/ID Card Center is located in building 1044, room 102.**  
**From the H-3 Gate, turn right, and the office is located on the first left at the split onto Selden Street.**

**Questions? Call the Site Security Manager at 257-2077.**

